

TELEHEALTH GUIDE

Resources for Telehealth in Sexual and Reproductive Health



In the realm of sexual and reproductive health, the implementation of telehealth services in Nebraska is important for access. Nebraska, like many other states, grapples with disparities in accessing specialized sexual and reproductive healthcare services, especially in rural and remote areas. Telehealth can break down these barriers by offering confidential and convenient consultations, providing individuals with access to reproductive health information, family planning, and counseling from the location of their choice.

Telehealth can help enhance privacy, reduce stigma, and encourage open communication, fostering a supportive environment for individuals seeking guidance on family planning, contraception, and other reproductive health concerns. By integrating telehealth solutions, Nebraska can make significant strides in promoting inclusivity and ensuring that individuals across the state have equitable access to essential sexual and reproductive healthcare services.

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...AND MORE!



Telehealth Implementation and Workflow

Please use the resources below to support the initial implementation of telehealth into your practice, clarify policy and procedures, and to design or update your processes related to telehealth.

- [Getting Started with Telehealth - HHS](#)
- [Sample Telehealth Policies and Procedures - MATRC](#)
- [Staffing and Steps Outline - RHNTC](#)
- [Telehealth for Providers - C2C](#)
- [Workflow Assessment for Health IT - AHRQ](#)
- [Telehealth Training and Workforce Development - HHS](#)
- [Billing for Telehealth - HHS](#)
- [NFPRHA Telehealth - Coding/Billing + Sample Workflows](#)
- [Implementing Telehealth - Contraceptive Care - Upstream](#)

Legal Considerations in Telehealth

Utilize the resources below to consider the legal aspects of telehealth for your practice and ensure your practice is in compliance with relevant regulations.

- [Legal Considerations - HHS](#)
- [Telehealth Policy - HHS](#)
- [Legal Considerations for Implementing a Telehealth Program - RHI Hub](#)
- [Guidance on Telehealth - Nebraska DHHS](#)
- [2024 US Telehealth Policy - CCHP](#)
- [Telehealth Privacy Tips for Providers - HHS](#)
- [Interstate Licensure Resources - HHS](#)
- [Telehealth Services Informed Consent Job Aid - FPNTC](#)
- [Telehealth Privacy + Liability Webinar - NCTRC](#)
- [Telehealth Laws & Medicaid Program Policies](#)



RESOURCES + ADDITIONAL FUNDING

[Great Plains Telehealth Resource + Assistance Center - National Consortium of Telehealth Resources](#)

[Center for Connected Health Policy](#)

RESOURCE HIGHLIGHT: THIS RESOURCE OFFERS TECHNICAL ASSISTANCE FOR ORGANIZATIONS STARTING TELEHEALTH AND A ROBUST LIBRARY OF TOOLS, WEBINARS, ETC.

- [Medicaid and Medicare - Telehealth 2024](#)
- [CMS List of Telehealth Services - 2024](#)
- [State Medicaid & CHIP Telehealth Toolkit](#)
- [Funding Opportunities - HHS](#)





Increasing Access and Advancing Equity

Explore the resources below to understand how the implementation of telehealth can promote equity and increase access to vital information and care in your service area.

- [Telemedicine for Health Equity - CCI](#)
- [Nondiscrimination in Telehealth - DHHS](#)
- [Telehealth Vendor Equity Assessment - RHNTC](#)
- [Introduction to Rural Telehealth - HHS](#)
- [Lifeline Program for Low-Income Consumers - FCC](#)
- [Telehealth for LGBTQ+ Patients - HHS](#)
- [Increasing LGBTQ+ Access to SRH Care with Telehealth](#)

Best Practices in SRH Telehealth

Refer to the resources below to ensure your telehealth implementation and ongoing practice is aligned with best practices in the field for seamless delivery and exceptional patient care.

- [Preparing Patients for Telehealth - HHS](#)
- [Telehealth Etiquette Job Aid - RHNTC](#)
- [Best Practices for Patient Engagement - Harvard](#)
- [An Inclusive, Equity-Driven, Trauma-Informed Approach](#)
- [Trauma-Informed Telehealth Strategies - NIH](#)
- [Telehealth for Reproductive Care - RHAP](#)
- [Contraceptive Care via Telehealth - RHAP](#)
- [Contraceptive Services Telehealth 2024 Protocol - Beyond the Pill](#)
- [Best Practices for HIV-Focused Interventions - NIH](#)
- [Telehealth for HIV Care - HHS](#)



CONNECTIVITY CONSIDERATIONS

- [Connectivity Considerations for Telehealth Programs - Rural Health Information Hub](#)
- [Affordable Connectivity Program Online](#)
- [State Broadband Task Forces, Commissions, or Authorities - National Conference of State Legislatures](#)
- [Nebraska Broadband Availability Map](#)

